Affordable and Safe **IMMER ACTIVITI**

During the Coronavirus

As summer continues, you may be running out of ideas to keep

yourself or the whole family busy. Below are some great outdoor activities to keep you busy... but not broke.

1. Go on a bike ride. 21. Kayak, canoe or paddle board - don't have one? Ask

FOR EVERYONE



- 4. Go fishing.
- 5. Have a picnic.
- Do a fitness class outside.
- Roller-skate, skateboard or

longboard.

8. Go for a scenic drive. Get an inflatable pool, easy setup pool or temporary

pool - Adults can relax on a

- pool raft or you can also get
- fun pool toys and games for the kids to enjoy! 10. Go to a lake or beach. 11. Go camping.



seating options, etc.

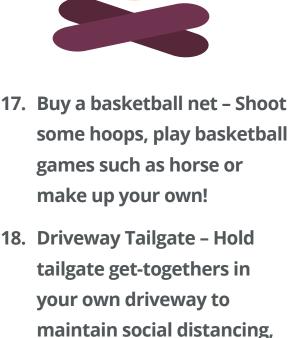
13. Build A Sunflower House - If

you have the room outside,

create a beautiful place to

- sit under the flowers with a sunflower house. 14. Plant a vegetable or flower garden. 15. Make your own homemade ice cream or popsicles.

16. Have a bonfire.



own snacks and drinks and pull up a chair. Add in some music, maybe a fire pit and you're all set. Just be sure you are within your local ordinances for your town.

19. Stargaze – Pick a warm, clear

evening, grab some blankets

and bug spray and head out

to the yard to lie down and

20. Go somewhere to watch the

look at the stars.

sunrise or sunset.

but still be social. Have

each person bring their

34. Play sprinkler twister. 35. Have fun with Hula hoops and jump ropes games.

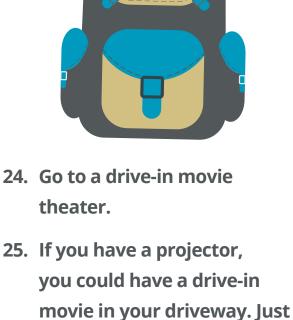
36. Fly a kite with your

family.

neighbor to borrow theirs. 22. Rent a boat for half a day or ask to go on a family member's or friend's boat.

a family member, friend or

- 23. Take a hike.



project the movie onto your

garage door while staying

appropriately distanced.

- 26. Rent a waterfront Airbnb.
- 27. Try something creative with paint — like <u>hydro</u> dipping, fluid art or tiedying. 28. Paint or draw outdoors. 29. Organize a backyard
- everyone can work on easels while

painting class where

staying appropriately distanced



distanced.

32. Take your party online and outside. A successful online party needs an activity. (Otherwise, it's just awkward.) Recruit your friends for a gathering with a definite agenda, like trivia night or talent show, via a

video chat platform.

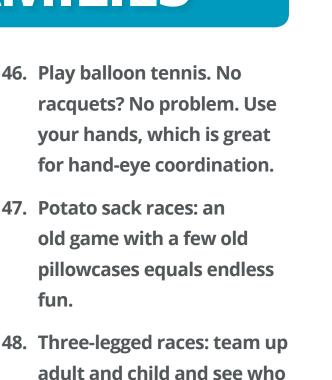
31. Play corn hole. If you do not

have a set, make your own.

Cardboard is plentiful, and

bean bags are easy to make.

- 33. Have a picnic party, where every person brings a big blanket and are spaced out around each other with their own food and drinks and enjoy music together.
- FOR FAMILIES



a relay! Plus, it's a perfect protein snack when you are done!

wins!

world, or even just each family member's favorite dish. Then have each family member choose a dish to make for the buffet. 38. Build an outdoor fort, a treehouse or playhouse 39. Create an obstacle course in your back yard. 40. Camp in your backyard.

37. Have an outdoors buffet

party - Make meals fun

with a buffet party that

the whole family can be

involved in. First, decide

on a theme, for example,

meals from around the

virtual day camps – Many organizations that offer traditional summer camps have switched to offering virtual versions. Reach out to your favorites and ask!

42. Decorate a shoebox and go

favorite rocks, acorns,

on an adventure collecting

twigs, pinecones. You can

even make animals from

the treasured pinecones

and acorns with pompoms,

googly eyes, construction

41. Have your children attend

paper, feathers, pipe cleaners, and more. 43. Find a big cardboard box and cut out a window in it. Let your kids decorate it if they like and have them

create their own sock

puppets and put on

a Have an outdoor

puppet show for

the whole family to enjoy! III

44. Collect rocks and paint them

with uplifting pictures and

words. Then walk around

- your neighborhood or apartment complex and place the rocks in yards, by doors, or near sidewalks for passerby's to enjoy. This activity is simple, creative, and will get you out for some exercise. Most importantly, it is a beautiful way to connect with others while social distancing. 45. Chalk it up – Buy a bucket
- of sidewalk chalk and let your kids safely draw to their hearts' content on the sidewalk or in a safe part of the complex or building's parking lot. Let them create the biggest art project they can imagine or write some

Make giant wands and homemade bubbles mixed with some dishwasher detergent. Chase them. Pop them. Marvel at the rainbow

fun tutorial here.

51. Do some backyard science

experiments. <u>Discovery</u>

World has plenty of ideas.

of color in each! Check out a

50. Bubbles, Bubbles!

Everyone loves bubbles.

49. Egg race – a few spoons and

a few hard-boiled eggs and

Everyday household items like baking soda, vinegar and food coloring are fair game for science experiments for kids of any age. Find your next project on websites like Science Fun and Science Bob.

52. Form a family band

with your own or DIY

instruments and play

outside - There are many ways to make your own instruments at home. Search DIY instruments on your computer to get some great ideas. Have each family member

create and decorate

their own instrument.

then start making music. Try to copy easy sing-a-longs or be adventurous and make your own song. Don't forget to name your band!

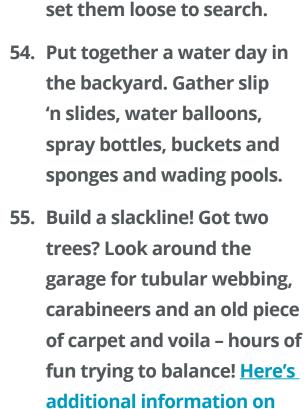
53. Plan a backyard scavenger

hunt. Who doesn't enjoy a

scavenger hunt? Create your

own list of items for kids to

find around the yard, then



family. Scrounge up some costumes and pair a themed menu to the occasion. 57. Make your own backyard festival. Have the kids come up

with carnival games,

and help them set

setting up a slackline.

56. Have a themed "outdoor

party" with immediate

them up. Ring toss, a duck pond and a photo booth are good DIY options.



inspirational messages for the neighborhood to enjoy.

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You can even chalk out a

into exercise.

summer-your-kids-during-pandemic/5185184002/

hopscotch court and turn it

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